

Peer Driven Room & Board Advisory Coalition

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Self-Determination means...

- Clients set goals for symptom management, work, education, **housing** and socialization
- Clients access information to make **informed choices**
- Clients acquire confidence & develop **personal accountability**
- Clients are **woven into the community**

Facilities/Housing in our Community for Consumers

- State Hospitals
 - Inpatient Psychiatric Hospitals
 - Institutes for the Mentally Diseased (IMD's)
 - Board & Cares
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- Private residence/
Unlicensed Room & Boards

Room & Boards Role in the spectrum

“Room and Boards” are a popular choice for behavioral health clients because:

- Most have limited, fixed incomes
- Most want opportunities for Socialization
- Most want to be independent
- R & B's are “Least restrictive” housing option

Response to a crisis...

- Due to unfortunate events in our county, Room & Boards became a highlighted industry
- DBH, Code Enforcement, Adult Protective Services and the District Attorney's Office responded to a location that was abusive to those who lived there
- DBH Office of Patients' Rights took action and spearheaded the Peer Driven Room & Board Coalition

What was done...

- Gathered providers and consumers together to define a standard that was acceptable to both.
- Defined a process for joining the Coalition and member Site Reviews were conducted.
- Developed and presented list for use on November 9, 2011, that is updated weekly with vacancies.

Current status of Coalition

- Total of **20** Room & Board approved locations throughout the county for a total of **135 beds**.
- Three (3) more locations pending site evaluations to **add 28** more beds.
- Monthly meeting attendance has increased to over **40** participants per month, a combination of providers, operators and consumers.
- Consumer led revision of forms at last meeting.

Information shared thus far...

- **Cultural Competency** representative now attends to add C.C. component each meeting
- **Healthy Recipes component** – each month a new way to serve tasty, healthy food for a good price
- **Socialization Ideas** – each month a new idea for inexpensive outings
- **Mental Health Education** on common disorders and how to support each other at home
- **Relaxation Techniques**

San Bernardino County leads the way..

- California Office of Patients Rights and Disability Rights California have both expressed an interest in sharing this concept throughout the state. Currently offering SBC as a reference for those interested in implementation.
- Concept shared at State Patient's Rights Advocate Training (PRAT) in Sacramento February 2012 with 36 California county advocates.
- Sacramento County will begin R&B Coalition implementation in March 2012

Success Story

A gentleman joined the Coalition with the intention of buying houses, and filling them. After participating in the Coalition for 2 months and gathering and sharing information with other operators, he has lowered his rate by \$100/month to better accommodate our consumers.

"Tenants need more of a break, thank you for helping me realize that."

Join the Coalition!

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